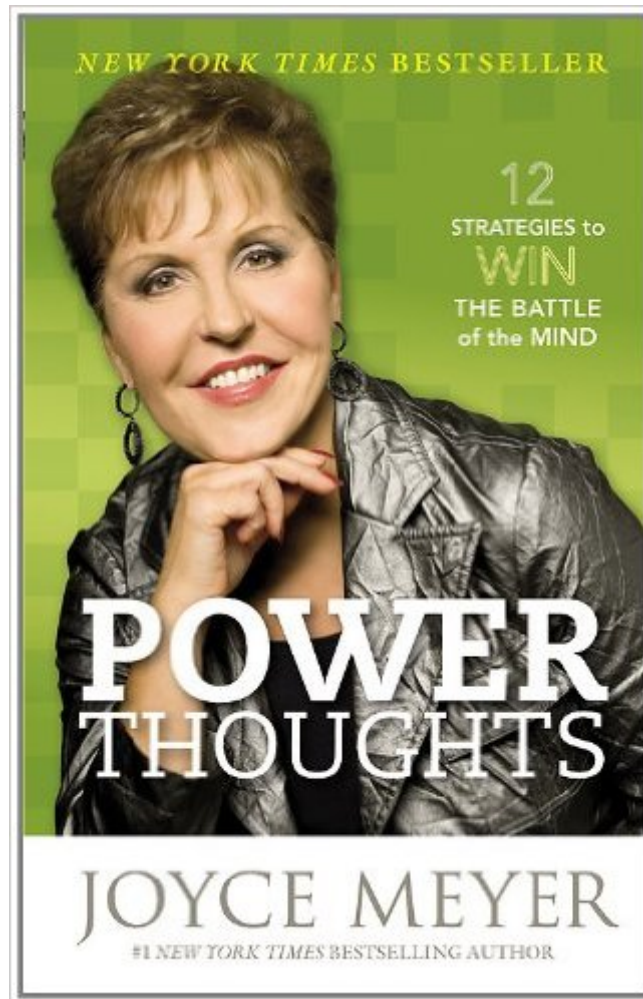


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# Power Thoughts: 12 Strategies To Win The Battle Of The Mind



## Synopsis

Joyce Meyer has a knack for coining phrases-her fans call them Joyceisms-and one of her best loved is "Where the mind goes, the man follows." This was the basis for *Battlefield of the Mind*, and in her latest book, Meyer provides "power thoughts," bringing the reader to a new level of ability to use the mind as a tool to achievement. In *POWER THOUGHTS*, she outlines a flexible program to turn thoughts into habits, and habits into success. Sections include: • The Power of a Positive You • 5 Rules for Keeping Your Attitude at the Right Altitude • More Power To You bulleted keys to successful thinking in each chapter • The Power of Perspective Nobody has more of a "can-do" attitude than Joyce Meyer. Now you can, too.

## Book Information

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## Customer Reviews

\*\*\*\*\*This latest book by Joyce Meyer is her follow-up to her best-selling "Battlefield of the Mind"--the "next step"--which gives you "specific insights and strategies to help you build powerful mind-sets to empower you to live in a place of strength, success, and victory every day". And it truly delivers. The author writes that the mind "can be a junkyard or a treasure chest" and in this book, she shows how. I would consider this not a book to be read over lightly, but a manual to be read once and then studied, digested, and most of all--practiced in daily life. The book has two parts. The first part gives a general overview of why the mind is a battlefield, why we as Christians must take every thought captive, and how this is done. It has been years and years since "Battlefield of the Mind" came out (and thus years and years since I read it) but it seems to me that the first part would be an overview

or refresher on what that book covered. Once you understand the basic principles involved, you are ready to go on to the second part. The second part is the meat of the book--a group of specific tools--12 beliefs that are vital in a Christian's life in order to live in victory. Each belief is one chapter and at the end of the chapter there is a "Power Pack" of Scriptures that the belief is based on for you to memorize. I found the structure of the book really helpful in being able to use it on an ongoing basis. I read the book last night and today, but am going to be working with it for far longer. I'm going to write the Scriptures down for memorization and (as the book suggests) focus each week for the next 12 weeks on one of the beliefs. The first one is "I can do whatever I need to do in life through Christ". Another is, "I am difficult to offend."

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